LOBSTER PUFF PASTRY

Sea Bites
LOBSTER APPETIZERS

LOBSTER PUFF PASTRY

FOR THESE PREPARED APPETIZER PRODUCTS, I BELIEVE WE NEED SOME BRIEF ROMANCE(Y) TEXT HERE TO DESCRIBE THE PRODUCT AND SOMETHING LIKE BEING A HIGHLIGHT OF YOUR PARTY/GATHERING. PERHAPS ADD ON SOME OF THE "HISTORY" OF COMPANY THAT LISA MENTIONS IN HER TEXT OUTLINE, OR PLACE THAT ON A SIDE PANEL?

Nutrition Facts

Serving Size 2 pieces (50g)
Servings Per Container 4

Amount Per Serving	
Calories 150	Calories from Fat 100
	% Daily Value*
Total Fat 12g	**18%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 15mg	**5%**
Sodium 220mg	**9%**
Total Carbohydrate 11g	**4%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 3g	

Vitamin A 2% • Vitamin C 0%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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COOKING INSTRUCTIONS

Conventional Oven: Preheat oven to 375°F. Remove product from tray and place on a sheet pan lined with parchment paper. Bake for 12-14 minutes.

Convection Oven: Preheat oven to 350°F. Remove product from tray and place on a sheet pan lined with parchment paper. Bake for 8-10 minutes.

Toaster Oven: Preheat oven to 375°F. Remove product from tray and place on a sheet pan lined with parchment paper. Bake for 12-14 minutes.

INGREDIENTS

Lobster Filling: Milk, Lobster (lobster, water, salt), Butter (cream, natural flavoring), Bechamel Sauce Base (modified food starch, partially hydrogenated soy oil, corn syrup solids, flavors, salt, sunflower oil, yeast extract, spice), Shallots, Lobster Base (lobster flavor [corn oil, disodium inosinate & disodium guanylate, xanthan gum], lactose, salt, sugar, modified corn starch, extractives of paprika and polysorbate 80), Sherry Wine (grapes, sugar, alcohol, sulfites, enzyme), Chives.

Quiche Dough: Wheat Flour (with niacin, iron, thiamine mononitrate, riboflavin, folic acid), Shortening (palm oil), Water, Palm Oil, Flavored Oil (soybean oil, hydrogenated soybean oil with salt, soy lecithin, natural and artifical flavor, tbhq and citric acid [preservatives], artifical color, dimethylpolysiloane [anti-foaming]), Dough Conditioner (modified food starch, mono & diglycerides, maltodextrin, sodium stearoyl lactylate, xanthan gum), Natural Butter Flavor (whey powder, salt, natural flavor), Whole Milk Solids (milk protein concentrate and/or nonfat dry milk, butterfat solids, whey proteins, lactose), Salt.

- Allergens: Milk, Crustacean Shellfish (Lobster), Soy, Wheat
- May contain shell fragments.
- Keep frozen until used.

BEST BEFORE:

Distributed by: Calendar Islands Maine Lobster LLC, Portland, Maine 04101 USA
www.calendarislandsmainelobster.com

USA CFN#3008597600 Product of USA

LOBSTER PUFF PASTRY

ARTISANAL SEAFARE FROM THE COAST OF MAINE

LOBSTER PUFF PASTRY

Net Wt. 200g (7 oz)

LOBSTER PUFF PASTRY